RONS

bagel bakery & cafe

	STARTERS	
CHICKEN SOUP traditional homemade soup &	lokshen	6.95
VEGETABLE SOUP please ask us about our veg s	oup of the day	5.95
HUMUS PLATE humus & seasoned chickpeas pitta-bread harissa & pickles		6.5 2 3
CAULIFLOWER MEZZE deep fried cauliflower topped tahini, parsley & lemon		6.5

		SWEET	MORNING & BREAKFAST
	GRANOLA greek yoghurt, fruits & honey	4.8	RONIS FEAST - FOR 1 OR 2 eggs of your choice, chopped sala humus, mixed olives, labneh & zah
i	PORRIDGE oats, honey, banana & cinnamon	4.8	balsamic & olive oil, butter & jam
	FRUIT BOWL fruits of the season	4.8	"THE BAGEL" BREAKFAS scrambled eggs, herbs, cream che
	PANCAKES berry yogurt & maple syrup	6.95	ENGLISH BKF fried eggs, turkey bacon, beef saus
777	FRENCH TOAST grilled banana & berry confiture	7.95	RONIS SCRAMBLED scrambled eggs with malawach & and chopped salad

RONIS FEAST - FOR 1 OR 2 PEOPLE eggs of your choice, chopped salad, tuna-mix, cream humus, mixed olives, labneh & zahatar, mini danish, balsamic & olive oil, butter & jam - served with any	bread baske	
"THE BAGEL" BREAKFAST scrambled eggs, herbs, cream cheese, lettuce, tomate	o & onion	7.95
ENGLISH BKF fried eggs, turkey bacon, beef sausage, baked beans,	grilled toma	9.95 ato
RONIS SCRAMBLED scrambled eggs with malawach & grated cheddar se and chopped salad	rved with h	9.95 arisa
GREEK BKF		9.50

		SPECIALS
M A L A W A C H pan fried puff pastry, boiled egg, pickles, grated - tomato, harissa	8.95	SHAWARMA PLATE 11.95 chicken shawarma served with tahini, humus, chopped salad & pitta
JACHNUN oven baked rolled puff pastry, boiled egg, pickles, grated tomato, harissa	8.95	GRILLED SALMON 9.95 salmon fillet served with green beans & lentils
S C H N I T Z E L chicken breast coated in bread crumbs served with chips	11.95	JACKET POTATO 7.95 jacket potato and any 2 extras
CLASSIC Shakshuka eggs cooked in spicy tomato sauce	10.95	Shakshuka & JP Extras 1.95 each - tuna - mixed olives - marguez - egg - feta cheese - baked beans - aubergine - cheddar cheese

	"THE BAGEL" BREAKFAST scrambled eggs, herbs, cream cheese, lettuce, tomato & onion	7.95
	ENGLISH BKF fried eggs, turkey bacon, beef sausage, baked beans, grilled tom	9.95 ato
	RONIS SCRAMBLED scrambled eggs with malawach & grated cheddar served with h and chopped salad	9.95 arisa
	GREEK BKF poached eggs, labneh, olive oil & zahatar, caramelized cherry tomatoes, chili flakes, challah	9.50
	EGGS BENDICT poached eggs, turkey bacon, bagel or brioche, hollandaise sauc	10.95 e
	EGGS ROYALE poached eggs, smoked salmon, bagel or brioche, hollandaise sa	10.95 uce
	BREAKFAST PLATTER smoked salmon, avocado, mixed greens, cream cheese & bread recommended! add SCRAMBLED EGGS	9.50 1.50
	TRICOLORE ON TOAST eggs of your choice, avocado, cherry tomato, mozzarella, chili fla sourdough toast	9.95
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SALADS QUINOA 10.95 tricolor quinoa, soya beans, greens, cucumber, squash, pomegranate, black beans, grilled sweet corn recommended! Add GRILLED HALLUMI ISRAELI 9.95 finely chopped tomato, cucumber, herbs, red pepper, red onions, tahini sauce, pitta croutons HALLUMI 10.95 grilled hallumi, mix greens, green beans, mangetout, cucumber, chickpeas, red onion, grilled aubergine, olive oil & lemon dressing CHICKEN 10.95 crispy lettuce, grilled marinated chicken breast, homemade croutons, avocado, parmesan TUNA 10.95 crispy lettuce, cherry tomato, mixed olives, green beans, roasted potato, spring onions, anchovies, boiled egg, french dressing 9.95 LENTILS crispy lettuce, carrots, cucumbers, tomatoes, lentils, red onions, sweet corn, grated feta, vinaigrette dressing GARDEN 10.95 grilled broccoli, roasted cauliflower, green beans, mangetout, crispy lettuce, carrots, raw tahini dressing ZUCCHINI 10.95 mix green leaves, courgette, mozzarella, pesto & balsamic

SANDWICHES	
RONIS classic fillings BAGLES smoked salmon & cream cheese tuna mix & cucumber	5.45
egg mayo & tomato cream cheese cheddar & tomato	4.95
HOT SALT BEEF on RYE homemade hot salt beef, mustard, pickles	7.95
CRISPY CHICKEN in BAGEL salad, pickled cucumber, garlic mayo	6.95
CHICKEN BAGUETTE grilled chicken breast, avocado, lettuce, tomato & basil mayo	7.5
SABICH in PITTA boiled egg, aubergine, pickles, tahini, harissa	6.95
FALAFEL in PITTA falafel, humus, harissa, pickles, chopped salad	6.95
SHAWARMA in PITTA grilled chicken shawarma, humus, onions, tomatoes, salad, pickles	8.95
TUNA MELT tuna, mayonnaise, onions, parsley, red peppers, sweet corn & melted cheddar cheese, brown toast	6.5

EXTRAS	
egg cream cheese humus tahini mix olives pitta	1.5
smoked salmon tuna-mix hallumi feta mozzarella avocado turkey bacon	2.5
grilled chicken chicken thighs salmon fillet schnitzel shawarma	4.95

SI	DES
CHIPS regular	3.95
RONIS CHIPS herbs, spices and parmesan	4.95
SIDE SALAD small israeli salad	3.95
ZUCCHINI FRITTI	4.95

ALLERGENS NOTICE

We used shared equipment in a busy environment, some products

may not be suitable for those with severe allergies. Please ask a team member every time you visit as ingredients may have changed since your last purchase. Please let us know if you have any allergies

KIDS PORTIC	NS
KIDS HUMUS served with veggie sticks	4.95
S C R A M B L E D served with avocado & baked beans	6.95
S C H N I T Z E L served with chips or vegetables	7.95
GRILLED CHICKEN THIGHS served with chips or vegetables	7.95
GRILLED SALMON FILLET served with chips or vegetables	7.95